

AGNES ELAINE BUCKNUM

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EDUCATION

- Master of Social Work, University of Calgary, Thesis: Change in Interactions as a Measure of Effectiveness in Short Term Family Therapy
- Bachelor of Arts, (with distinction), in Psychology, University of Alberta
- London School of Economics, Course Work in Social Policy
- University of Calgary, Faculty of Continuing Education, Courses in Leadership and Organizational Development, Conflict Management, Mediation, Arbitration

TRAINING

- Alberta Family Mediation Society
 - Parenting Plans, Advanced Mediation Skills
- American Association For Marriage and Family Therapy
 - Clinical and Supervisory Training
- Eye Movement Desensitization And Reprocessing (EMDR)
 - Level II and additional courses
- Gottman Institute, Inc.
 - Advanced Courses in Couple Therapy and Practicum
- Ottawa Couple and Family Institute Inc.
 - Emotionally Focused Therapy – Externship
- Vancouver Couple and Family Institute,
 - Core Courses in Emotionally Focused Therapy

REGISTRATION

- Registered Family Mediator, Alberta Family Mediation Society
- Clinical Member, American Association for Marriage and Family Therapy
- Registered Clinical Social Worker, Alberta College of Social Workers

BUSINESS BACKGROUND

- Bucknum-Nixon & Associates Ltd., Calgary
 - Senior Consultant
- Foothills Hospital, Calgary
 - Director, Department of Social Work
- Calgary General Hospital, Calgary
 - Cardiology Program Social Worker
- Private Practice, Calgary
 - Individual, Couple and Family Therapist
- Imperial Oil Ltd., Calgary
 - Administrative Officer
- Holy Cross Hospital, Calgary

- Team Coordinator, Psychiatry
- Alberta Mental Health, Calgary
 - Social Worker

EXPERIENCE

Provides short-term clinical services and therapy to individuals, couples and families, (assessment, crisis intervention, treatment and referral).

Provides case management services to enable individuals/families to utilize community resources effectively and to function optimally.

Provides mediation to couples and partners in regard to family issues, and the development of parenting plans; acts as a parent coordinator when required.

Developed and co-facilitates a program entitled "Effective Co-Parenting: Putting Kids First", funded by The United Way of Calgary, Jewish Family Service Calgary, and the Rosslyn Steinberg Family Life Education Program Fund.

Developed and presented workshops and seminars on a variety of subjects including:

- Stress Management
- Communication Skills
- Self Esteem
- Care of the Elderly
- Grief and Bereavement
- Critical Incident Debriefing
- Peer Support
- Myers Briggs Type Indicator
- Psycho-Social Aspects of Rehabilitation
- Coping with Illness-Individual and Family needs
- Effective Co-Parenting: Putting Kids First

Managed Department of Social Work in a large urban hospital, including leadership management of the various therapeutic and research programs, training of social work staff, and acting as sessional instructor for the Faculty of Social Work (University of Calgary).

PUBLICATIONS:

Bucknum, Elaine. 1975. *Change in Interactions as a Measure of Effectiveness in Short Term Family Therapy*; Family Process (Magazine)

Bucknum, Elaine & Shuler, Sandy. 2008. *Effective Co-Parenting: Putting Kids First*; Participant Guide and Facilitator Guide.

VOLUNTEER ACTIVITIES:

Served as a member and executive on several community and University boards including:

- Alberta Association for Marriage and Family Therapy
- Alberta Family Mediation Society, President, 2009-2010; Registrar 2011-
- Calgary Widowed and Family Bereavement Association
- Distress Centre
- Calgary Women's Literary Club, President, 2008-2010
- University of Calgary, Board of Governors; Senate; President of Alumni Assoc.

PERSONAL INTERESTS:

Cooking, Golfing, Music, Quilting, Reading, Travel

REFERENCES:

Available upon request.